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HEART WISDOM PROGRAM

Integrated formation for spiritual directors in the Ignatian tradition

Please note that the 2025/26 Heart Wisdom Program will be delivered as an online course.

Kardia Heart Wisdom is a two-year program for formation in the art of spiritual direction and giving the Ignatian Spiritual Exercises. 'Heart Wisdom' is an ever-changing Christian formation program promoting the integration of wisdom from life experiences. This wisdom converges at the *kardia*.¹

All programs offered at Kardia Formation use a pedagogy which respects various epistemologies. Individually and in groups, members of the Heart Wisdom Program begin by honouring the wisdom gleaned from their life experiences. They are encouraged to expand their knowing by engagement with existing research, and exploration of their own areas of interests. It is the intention of the Program that members will be formed to think independently and communally towards the integration of meaningful and lasting change.

Kardia Formation seeks to explore and develop new ways of spiritual direction in response to the demands of the 21st century. Kardia's belief is that spiritual direction has the capacity to grow awareness of the power of Mystery to strengthen spirit and release potential for every human person to take up their responsible place in the world.

Aspects Integral to the Heart Wisdom Program

Members of the Heart Wisdom Program are invited to expand their knowing by engagement with existing research and exploration of their own areas of interest. It is the intention of this Program that the spiritual direction formation process will be contemplative at its heart and will assist members to be formed to think independently and communally towards the integration of meaningful and lasting change.

Responsibilities

The methodology for learning in the Program is dependent upon members taking responsibility for their own capacity to be formed as spiritual directors and givers of the Spiritual Exercises. Members have a right to expect Kardia will provide a supportive and nourishing environment in which *kardia* formation

¹ Although *kardia* (καρδία Greek, feminine noun) is literally translated as 'heart', in the scriptures, *kardia* does not refer to the heart as the organ which animates the blood supply to the body. Rather it speaks poetically of the centre and seat of life in a person. So, *kardia* finds both origin and meaning in the Kardia-life which continually awakens the desire to be who we really are in the Presence of the One who knows and loves who we really are.

will take place. Members can also expect that staff will be well-qualified and experienced in the spiritual formation process. The outcomes for the members of the Program will necessarily vary.

Members who wish to become accredited givers of the full Spiritual Exercises will have prayed the full Spiritual Exercises as a 30-day live-in Retreat, as a 30-week Retreat in Daily Life, or a 90-day Retreat in Daily Life.²

Pathway to becoming a Spiritual Director

Formation in the Heart Wisdom Program is cyclic rather than linear, with different aspects articulated within the segments integrated into each formative phase. Members attend eight four-day intensives as proposed for 2025-26 as well as engage ongoing individual reading, reflection and practice that include individual and group supervision outside the intensives, as well as small groups whose members decide on their specific purpose and focus. (The eight x four-day intensives replace the four x eight-day intensives we offered before the Heart Wisdom Program went to online delivery). Each member will have the opportunity to participate in a discernment interview at the conclusion of a pair of four-day intensives, that is, four interviews as needed. The interview is an opportunity for each member to meet with formators to discuss how their sense of call is evolving and what aspects of their formation require further development. Individual's gifts, previous training and life history will be integrated in the discernment process, enabling the development of a formation program that allows the uniqueness of each member to be discerned, developed and encouraged. Figure 1 below details the pathway to becoming a spiritual director and giver of the Spiritual Exercises within the Heart Wisdom Program. Please note that the schema is applicable to pre online delivery, although the content is equivalent. Detailed outlines for each intensive block are attached as Appendix One.

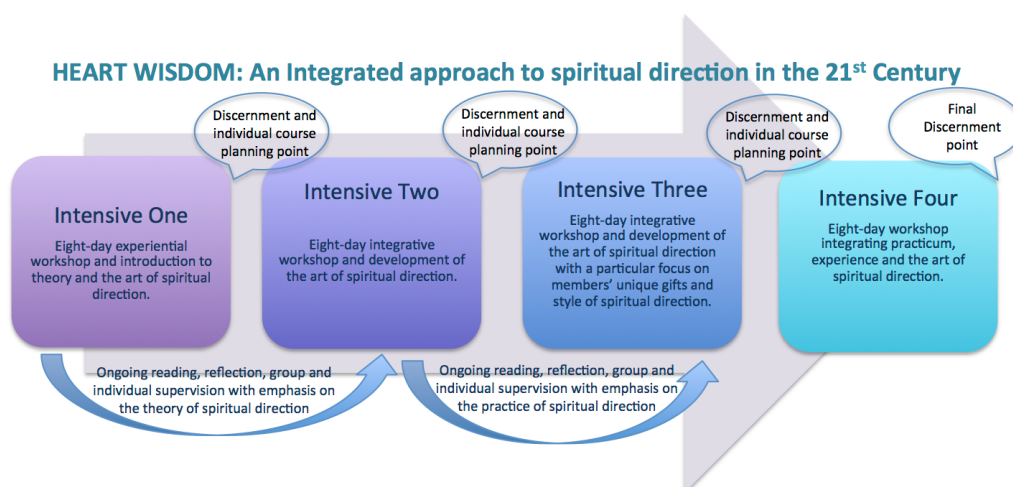


Figure 1 Pathway to becoming a spiritual director and giver of the Spiritual Exercises in the Heart Wisdom Program

² The 90-day full Spiritual Exercises retreat was developed by Kardia Formation P/L to meet the needs of retreatants confined due to Covid-19 restrictions.

Who am I to be?

Marlene Marburg

I know what I am called to do
but who am I to be?

I am an arguing Pharisee.
I am a witness to the multiplication of tiny resources.
I have eaten bread in the desert,
and at times forgotten.

This day, I do not recognise myself.
I am congested with thoughts.
I am seen and not heard.

It is no small thing that You ask of me
but You give me a companion
to help when I become mute.

You touch my lips. They feel refugee-stitched.
Your skin is warm and rough. Your touch is gentle.

It would not matter what you said to me.
The sound of your voice
in the seeping darkness,
is sudden fullness to my soul.
Light and tranquil.

I am who you say I am.

Critical to the Formation Program

The following eight aspects are critical to Kardia's integrated spiritual direction formation program. They form the core curriculum of the Heart Wisdom Program:

Reflecting on Love, Humility and Freedom

Reflecting on *Love, Humility, and Freedom* invites us to explore the transformative powers of these virtues and their profound impact on our lives and relationships. Together, love, humility, and freedom become a path to spiritual maturity, empowering us to live fully, serve others wholeheartedly, and deepen our connection to the Divine.

In this program, participants will reflect on their journey through the Ignatian Spiritual Exercises which guide individuals in recognizing the presence and work of God in their lives. By revisiting these Exercises, participants can identify the "graces" or blessings received—insights, healing, courage or direction—that have unfolded through their experience. This deep reflection, coupled with spiritual conversations with others on a similar path, allows participants to recognize how love, humility and freedom have taken root in their lives.

The retreat-style format of this program offers an atmosphere of contemplation and sharing, creating space for personal growth and transformation. Through daily reflection and open dialogue, participants may find that their understanding of these virtues deepens, helping them to embody these qualities more fully in their relationships, service and spiritual journey. Ultimately, this experience aims to cultivate a way of being that is more aligned with Divine love, humility, and freedom.

Participants will have prayed the full Spiritual Exercises as a pre-requisite to this program.

The Dynamism of Spiritual Formation

In this Segment, following the transformative path of spiritual formation found in the Ignatian Spiritual Exercises, we will explore key topics central to spiritual growth and understanding:

- **Preliminaries:** We begin by examining the essence of spiritual direction in our contemporary world. What role does it play in our lives today? How does it invite us into a deeper relationship with God and a more purposeful connection with others?
- **Vision of Season One of the Spiritual Exercises:** Here, we dive into the initial movements of the Exercises, understanding the foundational graces of self-awareness and divine encounter. We explore how we are invited to see ourselves honestly and to recognize God's loving gaze upon us.
- **Stages of Faith, Imagination, and Desire in Season Two:** This stage focuses on our faith's evolution and the deepening of our spiritual imagination. Through reflection and desire, we learn to discern God's call and the movements of the heart that guide us toward a life of meaning and alignment with our values.
- **Compassion and Passion in Seasons Three and Four:** In the later stages, we turn our attention to the themes of compassion and passion, as exemplified by Jesus in his life, suffering, and resurrection. These seasons invite us to cultivate empathy and courage,

strengthening our resolve to live out a compassionate, love-filled response to the world's needs.

Each topic offers a step on the journey, preparing us to walk with humility, courage, and grace as we engage in the life-changing work of spiritual formation.

Theology and Pedagogy of *Kardia*

Kardia, from the Greek meaning “heart” or “mind,” captures a holistic sense of self, integrating both intellect and spirit. Mentioned over 200 times in the New Testament, *kardia* encompasses a depth of meaning, including mind, soul, inner self, desire, and intention. It refers to the sacred space within us where we experience authenticity and centeredness—our true essence.

In this unit, we delve into topics essential to the journey of spiritual formation:

- **Graces of the Seasons of the Exercises:** We explore the unique gifts and insights that each season of the Ignatian Spiritual Exercises offers, guiding us deeper into understanding ourselves and God's call in our lives.
- **Ignatian Theology:** This topic introduces the theological foundations of Ignatius's approach, examining how his spiritual vision illuminates the divine in our daily experiences and encourages a transformative relationship with God.
- **Discernment of Spirits:** We focus on Ignatius's teachings about recognizing and discerning spiritual movements within us, helping us to distinguish between those that lead toward freedom and God, and those that draw us away.
- **Key Meditations in the Second Season of the Exercises:** Centered on the life of Christ, these meditations invite us into a closer imitation of Jesus, cultivating compassion, humility, and a deepened awareness of our vocation.

Each of these topics invites participants to journey inward, drawing upon the wisdom of *kardia* to align our intentions and desires with a life of purpose and spiritual depth.

Graces of Encounter

The *Graces of Encounter* are the profound gifts and insights that arise when we truly meet others, ourselves, and the Divine, with openness and presence. These graces are moments of deep recognition and transformation, where we feel seen, understood, and uplifted. In genuine encounter, we become aware of the sacredness within each person and situation, and this awareness expands our capacity for compassion, empathy, and love.

Encounter invites us beyond surface-level interaction, calling us to listen and respond with our whole selves. Through these encounters, we experience graces such as humility, as we recognize the uniqueness of another's journey; gratitude, as we see how our lives are enriched by others; and courage, as we embrace vulnerability and openness.

Ultimately, the graces of encounter draw us deeper into connection—with God, with others, and with our own hearts—strengthening our sense of belonging and purpose. These moments become anchors in our spiritual journey, guiding us to a life lived in communion and love. Topics include:

- **Images of God and Self:** This session explores how our personal images of God and our self-perception influence our spiritual journey and the way we engage in spiritual direction. Participants will reflect on how these images shape their relationship with the divine and their understanding of their own identity.
- **Spirituality and the Poetic:** This session delves into the intersection of spirituality and the poetic, exploring how poetry and metaphor open pathways to deeper spiritual understanding. Through poetic expression, participants are invited to connect with the mystery and beauty of faith, allowing them to engage with spirituality in a creative and contemplative way.
- **Metanoia and the Journey of Faith:** Metanoia, or a transformative change of heart, is central to the journey of faith. This session will focus on the concept of metanoia as an ongoing process of conversion and growth, encouraging participants to embrace personal transformation and deepen their commitment to their spiritual path.
- **Discerning the Call to Spiritual Direction:** In this session, participants will explore the discernment process of determining a call to spiritual direction. It will address the qualities, skills, and inner readiness required for this ministry, helping participants to recognize whether they feel called to serve as spiritual companions to others.
- **Consciousness and Awareness:** This session invites participants to deepen their understanding of consciousness and awareness, exploring how heightened awareness of oneself and the world around us is essential to the practice of spiritual direction.

The Architecture for Listening

This immersive program centers on developing the art of listening as a spiritual practice, exploring how intentional listening opens pathways to deeper understanding, empathy, and transformation. Participants will engage in guided sessions on:

- **Encountering Gospel Texts & Imaginative Contemplation:** Through imaginative contemplation, we will encounter Gospel texts in a way that brings the scriptures to life, allowing the divine presence to speak to us personally and deeply.
- **Frameworks for Listening:** This session introduces essential frameworks for listening, exploring techniques and practices that cultivate openness and receptivity to both the divine and the individual stories of others.
- **Beginning in Spiritual Direction & Giving the Exercises:** Participants will explore the foundational steps in guiding others through spiritual direction and the Spiritual Exercises, gaining insight into this sacred practice of companionship.
- **Our Unforming:** In this reflective session, we consider “unforming” as a process of letting go—releasing limiting beliefs and attachments that hinder authentic connection with ourselves, others, and God.

Each component of this architecture for listening invites participants to engage in a holistic journey, equipping them with skills, insights, and spiritual depth for meaningful listening and presence.

Releasing Potential: Spiritual Direction as a Dynamic Instrument

This program examines the transformative potential of spiritual direction as a dynamic tool for personal and spiritual growth. Participants will explore key aspects that influence the depth, integrity, and efficacy of the spiritual direction relationship:

- **Ethics and Boundaries in the Spiritual Direction Relationship**
This session explores the ethical principles and boundaries essential for establishing trust and safety within the spiritual direction relationship, highlighting practices that safeguard the well-being of both director and directee.
- **Boundary Crossing: The Who of the Spiritual Direction Relationship**
Here, we look at the diverse roles and identities present within the relationship, considering how to navigate personal connections while maintaining the integrity and purpose of spiritual direction.
- **Interior Movements: Hooks, Blind Spots, and Their Origins**
This session focuses on recognizing and understanding internal dynamics, such as emotional hooks and blind spots, that influence how we interact within spiritual direction. Identifying these movements allows for greater self-awareness and depth in the practice.
- **Defense Mechanisms:** Participants will learn about common defense mechanisms that arise in spiritual direction, exploring ways to identify and gently work through these responses, fostering openness and vulnerability in the spiritual journey.

Each topic provides tools and insights that support spiritual direction as a powerful instrument for releasing potential, nurturing authentic growth, and deepening connection with the divine and the self.

Becoming, Being, and Practicing as a Spiritual Direction

In this program participants begin to integrate all aspects of their learning from the Kardia Companionship of Empowerment program. Beginning with an immersive exploration of the Contemplation to Attain Divine Love, we delve into practices of self-supervision, engage with apophatic and kataphatic experiences, and uncover the spiritual director within.

Through reflective practices and experiential learning, we will explore the foundations of Contemplation on Divine Love, the pathways of apophatic and kataphatic prayer, and the inner dynamics that shape a spiritual director's presence. Together, we examine the delicate balance of personal growth, professional boundaries, and the power of generative listening. With guidance in self-supervision and an awareness of psychodynamics, participants will emerge equipped to serve others with authenticity, compassion, and integrity. Whether you are beginning this journey or seeking to deepen your practice, this program offers a rich, supportive environment to cultivate the heart and skills of spiritual direction. Topics include:

- **Contemplation on Divine Love:** In this session we will look closely at the Contemplation on Divine Love and its relevance to our evolving understanding of God and the interconnectedness of our evolving universe.
- **Integration & Unveiling the Spiritual Director Within:** This integration process involves self-reflection, discernment, and inner listening, empowering individuals to trust their inner wisdom and connection with the divine for guidance.

- **Integration & Spiritual Direction and Self-Supervision:** This theme examines the role and methods of self-supervision in the context of spiritual direction. Self-supervision involves being critically aware of one's own actions, motivations, and responses as a spiritual director.
- **Integration & Apophatic and Kataphatic Experience:** This topic explores the integration of apophatic (via negativa) and kataphatic (via positiva) spiritual experiences.

Kardia Direction

In this final stage of the Heart Wisdom Program, participants are invited to integrate their understanding of the profound depth of God's empowering companionship. Together, we will explore the boundaries and possibilities of spiritual direction, discerning when it is appropriate and when it might not be. This program brings together the essential teachings from the Heart Wisdom Spiritual Direction Formation program, guiding participants in understanding what it means to offer Heart Wisdom spiritual direction—a practice rooted in compassion, discernment, and the transformative presence of divine love. Topics include:

- **Integration & Companionship of Empowerment:** To be conscious of your participation in the Kingdom of God is to be conscious of your participation in God's companionship of empowerment.
- **Integration & Is Spiritual Direction Always Appropriate?** This topic questions the appropriateness of spiritual direction in every context. It explores scenarios where spiritual guidance might be beneficial or potentially unnecessary, or even unhelpful. We will explore how spiritual direction aligns with an individual's journey or specific needs.
- **Integration & Kardia Direction:** In this session we offer a deep dive into the central aspects of offering spiritual direction as a Heart Wisdom Guide.



Figure 2: Critical aspects of the Heart Wisdom Program cycle

Spiritual Direction Practice

Members of the Heart Wisdom Program will be required to participate in a variety of supervised practice experiences during the Program. These may include giving silent directed retreats, retreat days, reflection days, spirituality workshops, giving Spiritual Exercises, retreats in daily life and spiritual direction. Members will discern with their supervisors and Program directors the appropriate practicum experiences to assist their personal formation.

Members wishing to be formed as spiritual directors will be required to undertake 60 hours of supervised practice prior to being accredited (this does not include practice hours during the intensive work).

Members who wish to be formed both as spiritual directors and givers of the Spiritual Exercises will complete a minimum of 26 hours of supervised practice prior to discernment as to their readiness and suitability to give the full Spiritual Exercises. Members will then give the full Spiritual Exercises to two people under supervision. Supervised practice hours in this case will amount to a minimum of 80 hours (this does not include practice hours during the intensive work).

Units:

Segment One – Reflecting on Love, Humility and Freedom

Segment Two – The Dynamism of Spiritual Formation

Segment Three – Theology and Pedagogy of Kardia

Segment Four – Graces of Encounter

Segment Five – The Architecture for Listening

Segment Six – Releasing Potential: Spiritual Direction as a Dynamic Instrument

Segment Seven – Becoming, Being, and Practicing as a Spiritual Direction

Segment Eight – Kardia Direction

Segment Nine – Grace upon Grace – Giving the Spiritual Exercises in our Expanding Consciousness of God

Course dates for 2025 – 2026 (As said previously, the mode of delivery will be via eight-four-day intensives)

Intensive Dates: 9.45am – 4.15pm online – Friday to Monday (inclusive)

2025

20 - 23 June 2025	Segment One – Reflecting on Love, Humility and Freedom
19 – 22 September 2025	Segment Two – The Dynamism of Spiritual Formation
21 – 24 November 2025	Segment Three – Theology and Pedagogy of Kardia

2026

13 – 16 February 2026	Segment Four – Graces of Encounter
17 – 20 April 2026	Segment Five – The Architecture for Listening
17 – 20 June 2026	Segment Six – Releasing Potential: Spiritual Direction as a Dynamic Instrument
18 – 21 September 2026	Segment Seven – Becoming, Being, and Practicing as a Spiritual Direction
20 – 23 November 2026	Segment Eight – Kardia Direction

Monthly Online Meeting Dates: Fridays 10am – 12pm

18 July 2025	(Paper One due 11 July 2025)
15 August 2025	(Paper Two due 8 August 2025)
3 October 2025	(Paper Three due 26 September 2025)
14 November 2025	(Paper Four due 7 November 2025)
20 March 2026	(Paper Five due 13 March 2026)
15 May 2026	(Paper Six due 8 May 2026)

Practicum Requirements:

Members of the formation program will discern with their supervisors as to the appropriate time and type of practical experience each member undertakes.³ This may be done during the two-year program or as a third year of formation. Cost for supervision of practical work outside of the above scheduled classwork will be additional to the fees prescribed. These fees are generally \$110 per supervision session.

Program Fees:

\$3,900⁴ (AUD) per semester (four semesters)
Additional - Supervision by course facilitators at \$110 per session
(approx. 16 sessions)

³ In addition to the above attendance, members of the Heart Wisdom formation program will be required to complete experience in the ministry of spiritual direction and retreat giving as follows:

For those wishing to graduate as a spiritual director in the Ignatian tradition which includes giving the full Spiritual Exercises – the giving of the Spiritual Exercises to two individuals either under 19th or 20th Annotation, 60 hours of spiritual direction practice are required. This includes a minimum of 15 hours of individual supervision.

For those wishing to graduate as a spiritual director (but not necessarily a giver of the Exercises) 60 hours of spiritual direction practice is required. This includes a minimum of 15 hours of individual supervision.

⁴ Please note that Kardia is currently absorbing GST but this may change in the future.

How to apply:

Please complete this application form, including a spiritual biography and send it by email to enquiries@kardia.com.au. Upon receipt of your application, you will be contacted to attend an interview with the course directors via Zoom (downloadable zoom.us). Applications must be received by 30th May 2025 for the 2025-2026 intake.

Successful applications to the Heart Wisdom Program will:

- express a sense of call to the ministry of spiritual direction/giving the Spiritual Exercises
- demonstrate a capacity to listen empathetically and sensitively
- have enough life experience to enable them to respond with wisdom to people from diverse lifestyles and with different levels of experience
- show an openness to learning from lived experience
- show willingness to share one's experience of prayer
- evidence a maturing spirituality and openness to worldviews other than their own
- demonstrate a commitment to prayer and reflection
- show evidence of having the disposition of the spiritual director

Contemplative Learning Outcomes

Members will demonstrate an active contemplative stance in all roles in the learning process. By this is meant that as participants (director and directee) in the spiritual direction space, they will be aware of the presence of divine Mystery enhanced by their communion. They will demonstrate awareness of the meaning of various levels of communication and interaction, and they will respond respectfully to the divine Presence always with a view to deepening relationship and desire for God as Mystery. Evidence of contemplative learning outcomes will be attentiveness, presencing, accurate empathy, appropriate pace, underlining, questioning which helps the directee's exploration, and interior movement and change expressed by the directee.

Assessment Task Requirements:

First year

- six 1,500 word papers
- one 30-minute integrated presentation
- participation in experiential learning group work
- two discernment interviews

Second year

- practice journal
- one 30-minute integrated presentation
- participation in experiential learning group work
- two discernment interviews

Contemplative Learning and Teaching Methods

Self-reflection; Prayer; Seminars; Supervision; Contemplative Presencing; Lectures; Research; Experiential learning groups; Practice; Arts and Movement; Group Discussion and Exploration.

Discernment Process

At the conclusion of each of the eight intensive teaching periods, each member will be required to complete a self-evaluation of their progress towards becoming a spiritual director. The Experiential Learning Group facilitator will also complete an evaluation of their observations of how the member takes up each role in the group and the entire learning process.

Using the evaluations as a basis to discernment point interviews, the program directors and individual members will co-discern future directions. Key qualities to identify capacity and call as a spiritual director are as follows:

- Members will demonstrate an active contemplative stance in all roles in the learning process. By this is meant that as participants (director and directee) in the spiritual direction space, members will grow in awareness of the presence of divine Mystery, enhanced by their communion.
- They will demonstrate awareness of the meaning of various levels of communication and interaction, and they will respond respectfully to the divine Presence always with a view to deepening relationship and desire for God as Mystery.
- Evidence of contemplative learning outcomes will be attentiveness, presencing, accurate empathy, appropriate pace, underlining, sensitivity to silence, and questioning which helps the directee's exploration, and interior movement and change expressed by the directee.
- An openness to the formation process and willingness of members to take responsibility for their own capacity to be formed as spiritual directors.

Heart Wisdom Formators

Dr Marlene Marburg CertProcessWork (PWI), DipAppSci, BTheol, MTheol, GradDipEd(Sec), PhD

Dr Bernadette Miles BTheol, MAppSci (Organisational Dynamics), PhD

Prescribed texts

Members of the Heart Wisdom Program are strongly advised, over the course of the Program, to become familiar with the following books, articles and weblinks.

Alphonso, Herbert. *The Personal Vocation: Transformation in Depth through the Spiritual Exercises*. Gujarat India: Gujarat Sahitya Prakash, 1997.

Dyckman, Katherine, Mary Garvin and Elizabeth Liebert. *The Spiritual Exercises Reclaimed: Uncovering Liberating Possibilities for Women*. New York/Mahwah, N.J.: Paulist Press, 2001

Fleming, David L. *Draw Me into Your Friendship: The Spiritual Exercises, a Literal Translation and a Contemporary Reading*. Saint Louis, Missouri: The Institute of Jesuit Sources, 1996.

Gallagher, Timothy M. *Discerning the Will of God : An Ignatian Guide to Christian Decision Making*. New York: Crossroad Pub. Co., 2009.

Lanzetta, Beverley, *Foundations in Spiritual Direction: Sharing the Sacred Across Traditions*, Blue Sapphire Books, Sebastopol CA, 2019

Marburg, Marlene. *Grace Upon Grace: Savouring the Spiritual Exercises through the Arts*, (2nd Edition) Acorn Presss, Sydney, 2024.

Miles, Bernadette. *Strengthening Spirit–Releasing Potential: Spiritual Direction for Leadership and Organisational Development*. Eugene OR: Pickwick Publications 2020

Tylenda, Joseph N. *A Pilgrim's Journey: The Autobiography of St. Ignatius Loyola* Revised ed.: Ignatius Press, 2001.

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Williams, Monty. *The Gift of Spiritual Intimacy: Following the Spiritual Exercises of Saint Ignatius*.

Bibliography

The following bibliography is not prescriptive. Members of the program are encouraged to seek out helpful resources and to offer balanced criticism of their content.

Abbott-Tucker, Lucy. *Spiritual Direction Supervision, Principles, Practices and Storytelling*. Bellevue WA, SDI Press, 2021.

Alphonso, Herbert. *Discovering Your Personal Vocation: The Search for Meaning through the Spiritual Exercises*. New York/Mahweh, New Jersey: Paulist Press, 2001.

Au, Wilkie. *By Way of the Heart: Towards a Holistic Christian Spirituality*. New York/Mahwah NJ: Paulist Press, 1989.

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Barry, William A. *Letting God Come Close: An Approach to the Ignatian Spiritual Exercises*. Chicago, Illinois: Loyola Press, 2001.

Barry, William A. *Spiritual Direction and the Encounter with God: A Theological Inquiry*. revised edition ed. New York, Mahwah, N.J.: Paulist Press, 2004.

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Bretherton, Inge. "The Origins of Attachment Theory: John Bowlby and Mary Ainsworth." *Developmental Psychology* 28, (1992): 759-775.

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<http://www.jacquelineacarletonphd.com/text/pdfs/somatictreatmentofattachmentissues.pdf>
[accessed 16 June 2014].

Conroy, Maureen. *The Discerning Heart: Discovering a Personal God*. Illinois: Loyola Press, 1993.

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- Marburg, Marlene. *Grace Undone: Love*. Vol. One. Four vols. Paperback ed. Grace Undone. Melbourne: Windsor Scroll Publishing, 2014.
- Marburg, Marlene. "Poetry and Grace: An Autoethnography Which Explores Writing Poetry as Prayer in the Context of Ignatian Spirituality." University of Divinity, 2014.
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- Marsh, Robert R. "Looking at God Looking at You: Third Annotation." *The Way* 43, no. 4 (2004).

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