



Kardia Formation Pty Ltd  
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### APPLICATION FOR ADMISSION

## Contemplative Supervision Training for Spiritual Directors, Givers of the Spiritual Exercises and those in Ministry and Helping Professions

This training equips experienced spiritual directors and givers of the Ignatian Spiritual Exercises, with the skills and theoretical frameworks, and deepened personal formation needed to offer contemplative supervision. Rooted in the tradition of reflective practice, Ignatian discernment, and the art of sacred and holistic listening, this course which fosters vocational integration, ethical presence, mutual accountability, is for those in ministry and helping professions.

Please complete this application form and send it by email to [enquiries@kardia.com.au](mailto:enquiries@kardia.com.au). Upon receipt of your application, you will be contacted to attend an interview with the course directors via zoom. Applications must be received by 30 November 2026 for the 2027 intake. Please note places in the program are limited.

Name: .....

Residential Address: .....

Postal Address: .....

Email: ..... Telephone: .....

Date of birth: ..... Religious affiliation: .....

Please list previous formation experiences (including academic qualifications, professional attainment, ministry, the Spiritual Exercises and retreats made).

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Please give a brief overview of why you would want to participate in this formation course with Kardia at this time:

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What do you expect from the Contemplative Supervision Course?

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