



Kardia Formation Pty Ltd
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Kardia Formation Pty Ltd (ACN 605 753 544)

Kardia Formation Retreat Application

Memory to Meaning: Spiritual Storytelling in a Context of Global Upheaval

A six-week online retreat with Kardia and Margaret Silf.
Wednesdays beginning 7th October to 11th November at 7pm AEDT

Could you please return the completed form by email to: enquiries@kardia.com.au

We are delighted to offer this new reflective retreat with renowned author Margaret Silf. This retreat is designed to engage the kardia—bringing together head and heart—and will be guided by Margaret’s deep wisdom and experience.

Each week, participants will gather online on Wednesday evenings with Margaret Silf at 7.00 pm (AEDT), where she will offer guidance and reflections to support engagement with personal story and spiritual journey.

At Kardia, all spiritual directors are trained and accredited through formation programmes recognised by the Australian Ecumenical Council for Spiritual Direction, ensuring a safe, reflective, and professionally held retreat experience.

I prefer morning/afternoon (please circle) for my group meetings.

As well as the six group sessions, I would like (number) individual spiritual direction sessions at \$85 Aus. each by arrangement.

Family Name: First Names
Address
State Postcode
Telephone: Email
Emergency contact name and phone number:.....

The cost of the retreat is \$595 AUD. Payment can be made to:

Account name: Kardia Formation Pty Ltd
BSB: 063113 Account Number: 1112 2572
The branch address: 735 Burke Road Camberwell Victoria 3124 (Branch Code is 063113)
Swift code: CTBAU2S

Even if you have applied for retreats with us previously, would you mind sharing something with us (confidential) about your spiritual journey and why now seems to be a good time to have this retreat. (Use a second page as required). We will contact you as necessary.