



Winter Guided Reflection - 2026



These guided reflections and conversations are led by Andrea Grant and Steve Nash. Wintering names a season of cold and quiet — a fallow time in life, where rest and waiting have their own purpose.

\$160

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| MAY 27 | • ADOPTING A CONTEMPLATIVE STANCE |
| JUNE 3 | • LEARNING TO LIE FALLOW |
| JUNE 10 | • LETTING GO |
| JUN 17 | • THE GRACES OF STILLNESS |



Four weekly sessions

(90 minutes - 7.30-9.00pm Australian Eastern Time)

Reading provided in advance of each session.

At each session, participants will be invited to enter a spiritual conversation, sharing insights that have emerged from the weekly reading, with each participant open to each other's sharing. The program offers a space of gentle holding for each person's experience of the unfolding season.

Enrol at: <https://therightdirt.com.au/booking>

For teachers in Victoria: Accreditation - REC-024193